

# February



## BOOK CLUB: WHY CAN'T WE JUST PLAY?

FROM 1000 HOURS OUTSIDE™

### **Why Can't We Just Play? by Pam Lobley**

- 1. What age span do you think the “golden age of childhood” describes?**
- 2. Pam talks about many reasons for wanting to have children. Did you relate with this? Were some of your reasons similar?**
- 3. What pressures do you feel as a parent?**
- 4. What do you think has caused motherhood to “ramp up” over the last several decades?**
- 5. Have you ever felt judged about your mothering? How did you handle it?**
- 6. How can we combat the pace of culture?**
- 7. What parts of this book did you relate with the most? Were there parts that you didn't relate to at all?**
- 8. What line made you laugh the most?**
- 9. Share a favorite quote from Why Can't We Just Play. What made this quote stand out to you?**
- 10. If you could ask Pam one question, what would it be?**

**February Challenge: For the entire month pick one evening each week to go screen-free.**